



Kelvedon St. Mary's C of E Primary Academy & Autism Support Centre

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Headteacher: Mr. M. D. Walsh BEd (HONS) NPQH

9th October 2018

Dear Year 6 Parents/Carers,

I am pleased to be able to offer your child the opportunity to take part in the cycle training course 'Bikeability'. Bikeability is part of a national scheme which aims to give your child the skills and confidence needed to ride on the roads. At this age they will be taught to level 2 which will only involve minor roads but, they may wish to progress to level 3 at secondary school level.

The course will last four sessions, (approx. 2 hours per session in the afternoon) run over a week's period, in the month of November/ (early) December. A further letter will be sent home once all replies are in; detailing exact timings and further information.

Level 1 is taught exclusively on the playground and any children unable to reach the required standard would not progress to Level 2 as this is taught on the road. Obviously, this is with your child's safety in mind, although there may be an opportunity for them to retry at a later date. It will involve basic bike handling skills and a certificate will be awarded on completion.

Level 2 is taught on minor roads with a ratio of 12 children, 1 qualified instructor and an extra adult. Children will be able to use the skills learnt on the playground on a planned route under close supervision.

It is worth mentioning again that, whilst I will endeavour to encourage your child to attain the required standard, they may not pass both levels. In order for children to take part they will need a roadworthy bicycle with reflectors, working brakes and fully inflated tyres. They must have a safety helmet (not full face) and will need to bring a waterproof in case of inclement weather. High visibility vests will be supplied. **Please can parents/carers check that their child's bicycle is at the appropriate height.**

Checklist for Cycle Training (please keep for reference);

1. A roadworthy bicycle – check tyres are fully pumped and both brakes are fully functional.
2. An undamaged cycle helmet not full face – Please check this fits and straps are fully adjusted,
3. Asthma inhalers – If child requires one (these will be collected from the classroom or school bag)
4. Waterproof top – this may be carried in a small light rucksack
5. If during sunny weather they should have sun cream which they can apply themselves.
6. Trousers with narrow bottoms or cycle clips or shorts during summer months.
7. Gloves and coat if during cold weather.
8. Trainers or flat soled shoes.
9. A drink if necessary - not in a glass bottle

Please indicate on the attached form if you would like your child to take part so we can timetable the children in.

Yours sincerely,

Mr S. Taylor
(Deputy Headteacher)

Bikeability Training (please return to class teacher by 19th October 2018)

I **would/would not** be interested in my child _____ taking part in Bikeability Training during this academic year.

My child has the following medical condition: _____

Contact mobile telephone number: _____

Signed _____ (Parent/Carer)

Date _____

Notes (including anything that might affect the timetabling i.e. music lessons):
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